

**SIGNIFICANCE OF INTROSPECTION IN DEVELOPING BEST TEACHERS****Amrita Kulthe¹ & Dr. Chandrhas Sonpethkar²**¹*M.Ed. II yr. Student*²*Assistant Professor, Tilak College of Education, Pune – 30***Abstract**

Introspection is psychological term. Introspection mean examine someone or observation of one's mental and emotional process. In spiritual context it may refer to examine the soul. Teacher need to ask themselves some initial question to know about the teacher's mental, emotional process. For a balance and effective transmission of knowledge from the teacher, introspection is help to know the teacher's attitude towards education and student. For a balance and effective transmission of knowledge from the teacher, introspection is help to know the teacher's attitude towards education and student. As thus the role of Introspection in developing teachers is very vital.

Key Words: *Teacher Education, Introspection, Developing Best Teachers*



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Introduction:

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Objectives of the Study:

1. To study the concept of Introspection in point of view of Teacher Education.
2. To study the Significance of Introspection in developing best teachers.

Statement of the Problem:

To study the Significance of Introspection in developing best teachers.

Concept of Introspection:

Wilhelm Wundt was the first psychologist, was first adopt **introspection** to experimental psychology. In experimental psychology, there are many topics included which are on human and animals. He focused his experiments on conscious experience involving one's thoughts,

feeling, sensations, perceptions and ideas. Topics like motivation, learning, emotion developmental process, memory cognition, Sensation and perception.

Edward Titchener was early pioneer of in experimental psychology. He was the student of Wilhelm Wundt. Introspection delivers, at best hints about. Introspection is a very large proportion of mental processes, even "high-level" processes like goal-setting and decision-making, are inaccessible to introspection. Indeed, it is questionable how confident researchers can be in their own introspections.

Nature of Introspection:

Introspection is like a "self-observation" or "Looking within". The psychologist performing the experiments also acted as subjects for the observations and recording of their own perception and feelings and then presenting their analyses of the activities of the mind.

There are three types of mental elements of introspection to concentrate on person's memory, perceptions, cognitive process and/or motivations:

- Sensation(elements of perception)
- Feelings or Affection(elements of emotions)
- Images(elements of ideas)

Significance of Introspection for developing Best Teacher:

1. Introspection is an easy method and provides direct observation of mental processes **to examine the teacher.**
2. Introspection is the only methods by which the teacher can be directly aware of his/her **own experiences.**
3. Teacher can understand the **mental activities.**
4. It helps to find out the **weaknesses& Strengths** while teaching
5. Introspection plays vital role in acquiring the **self-realization.**
6. It is one of the solutions to **overcome the problems.**
7. It helps to understand the **cognitive process of the teacher.**
8. Introspection always **motivates** the teacher
9. It helps **to concentrate** on teacher's/person's memory.
10. Introspection is useful for the **knowledge gain.**
11. Introspection plays vital role in **getting the logical necessity.**

Conclusion:

For a balance and effective transmission of knowledge from the teacher, introspection is help to know the teacher's attitude towards education and student. As thus the role of Introspection in developing teachers is very vital.

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